## **Wetumpka Senior Center**



The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to "being the best you can be." Center director is Mary Ann Barrett and Lillie Grayson is the part time assistant. Call 567-1335 for information.

Meals served daily at 11:30am - Menus available at the center

## **February is Black History Month**

- +Check monthly calendar for exercise class schedule.
- +Check monthly calendar for "table game" day schedules.
- \*Devotionals will be held each Wednesday at 10:30am
- \*Bridge Club meets each Wednesday from 12:00 3:00pm
- \*February 9th Candlelight Dinner and Dance with Jazz-Musician Preston Frazier
- \*February 13th Shop at Walmart and MOVIE DAY
- \*February 14th –Valentine's Day
- \*February 15th Mulder Chat &
- Chew
- \*February 19th HOLIDAY President's Day (center closed)
- \*February 22nd "Recycling" with Roosevelt at 10:00am
- \*February 23rd Leave the center at 10:00am to have lunch in Montgomery and shop at Eastbrook Flea Market
- \*February 22nd Crafts with Lake Martin Hospice at 10:00am
- Bl. Woodson, a noted African American historian, scholar, educa-

Black History Month - The celebration of Black History Month began as "Negro History Week," which was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator and publisher. It became a month long celebration in 1976. The month of February was chosen by Carter to coincide with the birthdays of Fredrick Douglas and Abraham Lincoln.

## Time to Laugh

- -An elderly woman died. Having never married, she requested no male pallbearers. In her handwritten instructions for her memorial service, she wrote, "they wouldn't take me out while I was alive, I don't want them to take me out when I'm dead."
- -At Sunday School they were teaching how God created everything, including human beings. Little Johnny seemed especially intent when they told him how Eve was created out of Adam's ribs. Later in the week his mother noticed him lying down as though he were ill, and said, "Johnny what is the matter?" Little Johnny responded," I have a pain in my side, I think I'm going to have a wife."

